



Simply NUTRILISTIC

REAL FOOD. REAL NUTRITION. REAL SIMPLE.

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Thank you for the opportunity to partner with you on your journey to better health! Each journey is unique, and I look forward to equipping you with the tools you need to improve **your** health. Keep in mind this is a process that, for many, involves lifestyle changes. **Without making the necessary lifestyle changes, you cannot achieve lasting results.**

I do not possess any form of medical training, nor do I diagnose, treat or cure any illness or disease. I do not replace your medical doctor in any way. You are responsible for the state of your health. I simply look for spiritual, mental, and physical imbalances in the body that present itself in various ways and help you correct those imbalances. My experience in dealing with health issues started with my daughter's medically diagnosed skin issues. Upon realizing her skin was actually reflecting internal issues such as poor digestion and nutrient imbalances, we embarked on a radical journey that included lifestyle changes, dietary changes, cleansing and nutrient support. During our journey, the Lord impressed upon me the need to further my education in the natural health field. My education includes training and coursework from Trinity School of Natural Health and Academy Epic. I believe healing is solely achieved through the Lord Jesus Christ, and to truly heal, the spiritual, mental and physical aspects of each individual must be addressed.

Abnormal conditions in the body do not manifest overnight. They are created over time with a disruption in the physical, emotional/mental, and spiritual balance and can have a great impact on your overall health. By going back to the basics, and peeling back the layers to find the root issue, we can work together to improve that balance. I believe God made our bodies to heal when given the right nutrition and support. Remember, you didn't get this way overnight, and you won't improve overnight. You owe it to yourself to be committed in achieving your health goals.

Your initial visit will consist of gathering important information which may help me guide you in setting and achieving your health goals. Please bring any information with you that may be of benefit in this process. At the conclusion of this appointment, we will schedule a follow-up for the following week where we will go over your recommended health action plan. Follow-up appointments are important while working through your health action plan, so be prepared to make the necessary commitment to your health. Imbalances don't appear overnight, so don't expect them to resolve overnight.

As a courtesy to other clients seeking appointments, a 24 hour notice is required for cancellation of appointments. Chronic cancellations may result in prepayment for services expected or denial of future services. Simply Nutrilistic LLC does not discriminate on the basis of gender, race, age, creed, religion or national origin.

Payment is expected in full at the time of service or supplement purchase, unless other arrangements have been made prior to your appointment. We do not accept Medicare, medical assistance, or handle insurance claims. On occasion, Simply Nutrilistic LLC will negotiate to accept partial payment, or at our discretion, waive payment, based on individual client circumstances. Refunds will not be issued for services already provided. *We do not accept returns on product purchases.*

In the case of medical emergency, please call 911 or go to the nearest emergency room.

I agree to pay for services rendered at time of service. I consent to the above terms of service as agreed upon between Simply Nutrilistic LLC and myself. I have read and understand the policies of Simply Nutrilistic LLC and agree to comply with the policies stated. I also understand that CJ Lewis, or any representative of Simply Nutrilistic LLC, is not a medical doctor and cannot diagnose, treat or cure any disease.

Signature of Client or Authorized Representative

Date



Pastoral Medical Association
Promoting Lifelong Health and Well-Being