

Bio-Energy Wellness Assessment

What is Bio-Energy Wellness Assessment: This assessment may help provide me with a “snapshot” of how your body may be handling the last 24 hours, which may be helpful as we formulate your individualized health action plan. This is for educational purposes only.

What it is NOT: This is not a diagnostic tool used for the purpose of diagnosing, treating, or curing any disease. For that type of diagnostic testing, please see your medical practitioner.

The Day of Your Appointment

- Follow your normal morning routine.
- Please finish eating 2 hours prior to your appointment time. You may continue to have liquids until 20 minutes prior to appointment.